

Ishan Ayurvedic Medical College and Research Centre

Research Publications during the Last One Year

Sr. No.	Topic	Author	Journal Name	Date/Vol./Issue
1	To evaluate the efficacy of Rasnadi Taila Nasya and Dashamoola Kvatha in patients of Vataja Shirahshoola: An Open Label Double Arm Randomized Clinical Trial.	Dr. Anjali Dabas, Dr. Manjusha Rajagopala, Dr. Narayan Bavalatti, Dr. Pankaj Kundal, Dr. Ashu	Journal of Shalya and Shalakya Vigyan	2025; 2(2): 101-106
2	Epigenetics and Ayurveda- an insight	Dr Devi S Nair Dr Anisha N	International Journal of Research in Indian Medicine (Ayurline: IJ-RIM)	2456-4435, VOL 9, 2nd issue, 10.03.2025
3	Trisutra Siddhanta in Kaya Chikitsa: Bridging Traditional Wosdom with Modern Needs	Dr. Naveed Khan	International Jornal of Research in Indian Medicine	October 2025, Volume 09, Issue 5